



# LOADOUT LEVELS CONCEPT

## QUICK REFERENCE CARDS





# LOADOUT LEVELS

Online Security Training Course - Soft Skills and Tactics - Topics 01.02.01 to 01.02.05



LOADOUT LEVEL

# 01

Concealed on Body

- As light as possible
- Lasts 1-2 days

Provides minimal essentials with little or no visibility.



LOADOUT LEVEL

# 02

Go Bag Essentials

- Under 10 pounds
- Lasts 3-5 days

Provides basic essentials with low visibility.



LOADOUT LEVEL

# 3A

Portable Survival

- Under 30 pounds
- Lasts up to 21 days

Provides portable gear and supplies to survive outdoors and on the move.



LOADOUT LEVEL

# 3B

Vehicle Survival

- Under 60 pounds
- Adds 30 days to 3A

Provides additional gear and supplies to survive outdoors and on the move.



LOADOUT LEVEL

# 04

Residence Survival

- No weight limit
- Six months or more

Provides gear and supplies to survive at a residence with no utilities or support.

## NORMAL

- 01: Short outings very close to home
- 02: Available in car, at work, and traveling

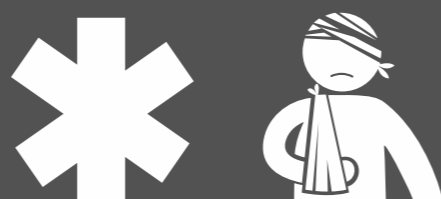
## CRISIS

- 04: Stay in a prepared residence as long as possible during times of crisis
- 3B: If movement is necessary, base out of your vehicle with Levels 3B and 3A
- 3A: If leaving your vehicle is necessary, use 3A to set up in the best possible location

EACH LOADOUT LEVEL SHOULD INCLUDE THESE ESSENTIALS



MEANS OF COMMUNICATION



MEDICAL / TRAUMA SUPPLIES



SELF DEFENSE OPTIONS



SURVIVAL PROCUREMENT

# CRISIS LOCATION OPTIONS



For an in-depth explanation of the concepts outlined below, please refer to the lesson titled “Loadout Levels” in the Panoplia.org “Soft Skills and Tactics” online security training course.

## FIRST CHOICE



Think of your residence as your fortress or castle. Be well stocked with:

- Provisions and supplies
- Means of communication
- Medical / Trauma supplies
- Self defense options
- Survival equipment

During a crisis, stay in your residence for as long as you are able to do so.

## SECOND CHOICE



If you must leave your residence, use a vehicle to move to a another fixed location. If unavailable, use your Loadout Levels 3B and 3A to stage out of your vehicle in a location where you will draw as little attention as possible.

Communicate regularly with those you trust to determine if a secure fixed location becomes an option.

## THIRD CHOICE



If you can no longer stage from your vehicle, use your Loadout Level 3A and seek a location where you and individuals you trust can defend yourselves and wait out the crisis.

Communicate regularly with those you trust to determine when it may be safe to move toward a more long-term location.



# LOADOUT LEVEL EXAMPLES

Soft Skills and Tactics Course Topic - 01.02.01



LOADOUT LEVEL

01

Concealed on Body

- As light as possible
  - Lasts 1-2 days
- Provides minimal essentials with little or no visibility.

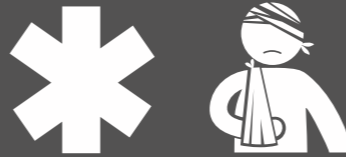
EACH LOADOUT LEVEL SHOULD INCLUDE THESE ESSENTIALS



MEANS OF COMMUNICATION

Examples:

- Smartphone
- Proximity to secondary



MEDICAL / TRAUMA SUPPLIES

Examples:

- Tourniquet
- Pressure bandage
- Prescription medicines



SELF DEFENSE OPTIONS

Examples:

- High lumen flashlight
- Metal pen
- Edged weapon
- Firearm



SURVIVAL PROCUREMENT

Examples:

- Debit / Credit / Cash
- Proximity to nutrition
- Compass
- Length of paracord
- Signaling device

**NORMAL** 01: Short outings very close to home



# LOADOUT LEVEL EXAMPLES

Soft Skills and Tactics Course Topic - 01.02.02



LOADOUT LEVEL

02

Go Bag Essentials

- Under 10 pounds
- Lasts 3-5 days

Provides basic essentials with low visibility.

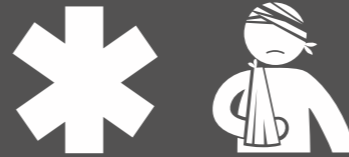
EACH LOADOUT LEVEL SHOULD INCLUDE THESE ESSENTIALS



MEANS OF COMMUNICATION

Examples:

- Tablet with SIM card
- Satellite texting unit
- Digital Support Kit with:
  - Dual-port charger
  - Charging cables
  - Extra batteries



MEDICAL / TRAUMA SUPPLIES

Examples:

- Quick-access tourniquet
- Individual First Aid Kit with:
  - Second tourniquet
  - Pressure bandage
  - Chest Seal
  - Trauma shears
  - Prescription medicines
  - Aspirin, band-aids, etc.



SELF DEFENSE OPTIONS

Examples:

- High lumen flashlight
- Metal pen
- Edged-weapon sheet



SURVIVAL PROCUREMENT

Examples:

- Debit / Credit / Cash
- Water filter and bag
- Protein bars
- Length of paracord
- Magnifying Glass

**NORMAL** 02: Available in car, at work, and traveling



# LOADOUT LEVEL EXAMPLES

Soft Skills and Tactics Course Topic - 01.02.03



## LOADOUT LEVEL

# 3A

### Portable Survival

- Under 30 pounds
- Lasts up to 21 days

Provides portable gear and supplies to survive outdoors and on the move.

## EACH LOADOUT LEVEL SHOULD INCLUDE THESE ESSENTIALS

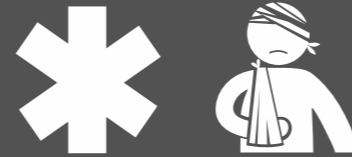


### MEANS OF COMMUNICATION

Examples:

Level 3A communication items are meant to augment those carried in Levels 1 & 2

- Backup Satellite texting unit
- Radio broadcast receiver
- Digital Support Kit with:
  - Solar USB charger
  - External battery backup
  - Extra batteries



### MEDICAL / TRAUMA SUPPLIES

Examples:

Level 3A medical items are meant to augment those carried in Levels 1 & 2

- Individual First Aid Kit with:
  - Multiple tourniquets
  - Extra Pressure bandages
  - Extra Chest Seals
  - Extra medications, etc.



### SELF DEFENSE OPTIONS

Examples:

Level 3A self defense items are meant to augment those carried in Levels 1 & 2

- Firearm if possible
- Survival knife
- Pepper spray
- Restraint options



### SURVIVAL PROCUREMENT

Examples:

- Tent and sleeping bag
- Larger water filter and bags
- Multiple fire starting options
- Light stove for cooking
- Emergency food for 21 days
- 100 feet of paracord
- Multiple signaling options
- Emergency blanket
- Small fishing kit
- Ground cover
- Saw, tools, and headlamp

## CRISIS

3A: If leaving both your residence and vehicle is necessary, use 3A to set up in the best possible location



# LOADOUT LEVEL EXAMPLES

Soft Skills and Tactics Course Topic - 01.02.04



## LOADOUT LEVEL

# 3B

### Vehicle Survival

- Under 60 pounds
- Adds 30 days to 3A

Provides additional gear and supplies to survive outdoors and on the move.

## EACH LOADOUT LEVEL SHOULD INCLUDE THESE ESSENTIALS

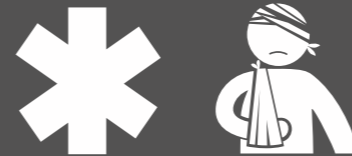


### MEANS OF COMMUNICATION

Examples:

Level 3B gear and supplies offer longer term support for communication devices from Levels 1, 2, and 3A.

- Digital Support Kit with:
  - Portable power station
  - Larger solar charger
  - Extra batteries



### MEDICAL / TRAUMA SUPPLIES

Examples:

Level 3B gear and supplies offer more extensive medical and trauma items than Levels 1, 2, and 3A.

- First Aid Kit with:
  - Multiple tourniquets
  - Extra Pressure bandages
  - Extra Chest Seals
  - Extra medications, etc.



### SELF DEFENSE OPTIONS

Examples:

Level 3B gear and supplies augment and offer support for self defense options from Levels 1, 2, and 3A.

- Firearm if possible
- Extra ammunition
- Extra magazines
- Axe or hatchet
- Pepper spray
- Restraint options



### SURVIVAL PROCUREMENT

Examples:

Level 3B gear and supplies augment and offer support for survival equipment from Levels 1, 2, and 3A.

- Lithium jump starter
- Tools for vehicle repair
- Extra gas for stove
- Emergency food for 30 days
- 100 feet of paracord
- Multiple signaling options
- Ground cover

## CRISIS

3B: If movement from your residence is necessary, base out of your vehicle with Levels 3B and 3A



# LOADOUT LEVEL EXAMPLES

Soft Skills and Tactics Course Topic - 01.02.05



## LOADOUT LEVEL

# 04

### Residence Survival

- No weight limit
  - Six months or more
- Provides gear and supplies to survive at a residence with no utilities or support.

#### EACH LOADOUT LEVEL SHOULD INCLUDE THESE ESSENTIALS

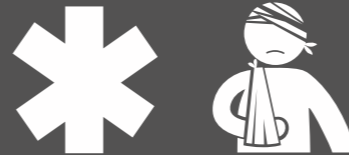


#### MEANS OF COMMUNICATION

Examples:

In addition to residence-based phones and computers operating normally while services continue, all communication devices from Loadout Levels 01, 02, 3A, and 3B should be available at your residence.

If necessary, consider adding a satellite phone for emergency use. Two-way radios are also an option.



#### MEDICAL / TRAUMA SUPPLIES

Examples:

Set aside a single, designated area in your residence where medical and trauma gear and supplies can be quickly accessed. This should include ample supplies of any prescription medications needed by family members.

All medical and trauma gear and supplies from Loadout Levels 01, 02, 3A, and 3B should also be available.



#### SELF DEFENSE OPTIONS

Examples:

When possible, no residence should be without securely-stored firearms for protection. This should include:

- At least one pistol
- At least one rifle-caliber firearm
- Extra magazines loaded and clearly marked

Ensure that family members are trained in firearm safety and proper use.



#### SURVIVAL PROCUREMENT

Examples:

Set aside a single, designated area in your residence where enough emergency food to feed your family for at least six months can be stored.

Also have survival items on hand such as:

- Water filtration and storage
- A grill with extra tanks
- A gas or solar generator
- LL 01, 02, 3A, and 3B items

## CRISIS

04: Stay in a prepared, well-stocked residence or base of operations as long as possible during times of crisis