

Learn to Thrive:

- In everyday life
- In challenging international locations
- In non-permissive areas and conflict zones
- In times of economic collapse or civil war

The purpose of the Soft Skills and Tactics (SST) course is to help individuals thrive in even the most extreme environments. The focus is on individuals or small teams living or operating with low-visibility and without conventional supply lines or rescue options.

The SST course was developed by two security professionals with more than fifty years of combined experience. They've served in low-visibility roles in some of the world's most challenging locations. This online training is based on an on-site course that prepares individuals for service in extreme environments. Many participants find that the course not only prepares them for their upcoming roles, but offers a mindset that changes their everyday lives as well.

3 PARTS | 9 LESSONS | 45 SUBJECT MATTER AREAS (TOPICS)





The Preparation category covers pre-operational activities. The intention is to give a team or an individual the best chance of succeeding in a given mission, operation, or endeavor.



The Navigation category refers to how a team or an individual operates within a challenging environment. This may be in a high-risk international location or near one's home during times of political or economic crisis. The objective is to accomplish one's goals without unnecessary confrontation.



No matter how prepared or skilled one is, in non-permissive environments or in times of crisis one's security context can change quickly and with little or no warning. The Confrontation category is intended to share skills and tactics that were learned the hard way. Most of the lessons learned are from first-hand experience. A few are shared second-hand based on interviews with survivors.

PREPARATION

PLANNING	AREA FAMILIARIZATION: PRE-OP	SST:01.01.01
	CULTURAL CONTEXT RESEARCH	SST:01.01.02
	ACTOR MAPPING	SST:01.01.03
	RISK AND CONTINGENCY	SST:01.01.04
	IDENTITY AND BACKSTOPPING	SST:01.01.05
LOADOUT LEVELS	01: CONCEALED ON BODY	SST:01.02.01
	02: GO BAG ESSENTIALS	SST:01.02.02
	3A: PORTABLE SURVIVAL	SST:01.02.03
	3B: VEHICLE SURVIVAL	SST:01.02.04
	04: RESIDENCE SURVIVAL	SST:01.02.05
DEVELOPMENT	DIGITAL SECURITY	SST:01.03.01
	ENHANCED DRIVING SKILLS	SST:01.03.02
	SURVIVAL AND NAVIGATION	SST:01.03.03
	WEAPONS FAMILIARIZATION	SST:01.03.04
	OVERALL FITNESS	SST:01.03.05

NAVIGATION

AWARENESS	LOCAL KNOWLEDGE	SST:02.01.01
	AREA FAMILIARIZATION: OPERATIONAL	SST:02.01.02
	SITUATIONAL AWARENESS	SST:02.01.03
	OODA LOOP	SST:02.01.04
	EMERGENCY LEADERSHIP	SST:02.01.05
RELATIONSHIPS	SIR: PROXIMITY	SST:02.02.01
	SIR: FACILITATIVE	SST:02.02.02
	SIR: MITIGATIVE	SST:02.02.03
	DIGITAL COMMUNITIES	SST:02.02.04
	REGIONAL CONTACTS	SST:02.02.05
MOVEMENTS	CONTROL OF INFORMATION	SST:02.03.01
	BASE-MONITORED MOVEMENTS	SST:02.03.02
	MANAGING CHECKPOINTS	SST:02.03.03
	SURVEILLANCE DETECTION	SST:02.03.04
	HIGH-RISK MEETINGS	SST:02.03.05

CONFRONTATION

MITIGATION	INTERROGATION	SST:03.01.01
	SETUP RECOGNITION	SST:03.01.02
	AMBUSH MANAGEMENT	SST:03.01.03
	CONCENTRIC COMMUNICATION	SST:03.01.04
	COVERT HARDENING	SST:03.01.05
RESISTANCE	OVERCOMING AGGRESSION	SST:03.02.01
	ACTIVE SHOOTERS	SST:03.02.02
	WEAPONS TAKEAWAY	SST:03.02.03
	EDGED WEAPONS	SST:03.02.04
	RESTRAINTS	SST:03.02.05
SURVIVAL	VEHICLE ASSAULTS	SST:03.03.01
	TACTICAL SURVIVAL WITH CHILDREN	SST:03.03.02
	TACTICAL EMERGENCY CASUALTY CARE	SST:03.03.03
	HOSTAGE SURVIVAL	SST:03.03.04
	EVACUATION AND EXFILTRATION	SST:03.03.05



